The Rev. G. Willis Logan, Jr. Program Artifacts

Program Objective	Item Selected and Course in which it was Developed	Title, Description, and Rationale for Selection
Objective 1 : Acquire knowledge and skills to practice effectively and ethically.	**Item One:** Case Conceptualization CNS 762: Case Formulations	**Title:** **Description:** A case concept with a college and putting together a Case Concept with Existential theory. **Rationale:** The paper demonstrated a framework that will become second nature after some years of practice. The case concept is a linear process that allows for client development, plan and analysis.
	Item Two: Major Research Paper in CNS 780:Professional, Ethical, and Legal Issues in Counseling	**Title:** *These Things are Sacred* **Description:** A 10 page paper that dives into Virginia Code and regs relating to disclosure, the difference between LPC and Clergy. **Rationale:** As a future LPC who is ordained Clergy as well this paper provides an overview for research and places for learnings and for maintaining the appropriate boundaries with clients. Found herewith is guiding ethical and legal boundaries for a future practice.
	Item Three: Reflection on Practicum with Goals – Class Practicum -	**Title:** Logan's Goals and Next Steps. **Description:** A reflection on my goals and time during practicum.

		Rationale: Practicum culminated in a wonderful and challenging time for me. I was stretched with time and new experiences and pressure to lead groups and learn new skills. Practicum reflected a moment of my dropping pastoral skills of questions and moving into reflections.

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Objective 2: Value professional diligence and life-long learning.	**Item One:** Lit Review Poster. CNS 721, Research and Statistical Analysis in Counseling	**Title: Literature Review of Spiritually Focused Client Centered Counseling for Alcohol Use Disorder** **Description:** Poster describing a Lit Review **Rationale:** Learning the process for a Lit Review provided me with the tools and research for a quicker study that impacts real time client experiences and support. The Lit Review template is something that becomes second nature and the poster supports key concepts that mean a lot to me and my future practice – these include spiritual things, addictions and learning the process of research as an LPC.
	Item Two: A Reflection and Analysis of film *Soloist. CNS 770, Classification of Mental and Emotional Disorders*	**Title:** *The Soloist:* A Film about Grace **Description:** The film serves as a case study to understand and

		reflect on a diagnosis and courses for treatment. **Rationale:** The paper provided an opportunity to use diagnosis as the spine for treatment and reflection. The paper provides a blended approach that uses existential techniques and spiritual understandings to see how the dx affects all parties.
	Item Three: Case Study CNS 741, Theories and Models of Counseling	**Title:** Bob and his response to Unconditional Positive Regard **Description:** A case using Rogers' theory. **Rationale:** I arrived at Wake with some familiarity with Carl Rogers and Unconditional Positive Regard matches well to "grace." This paper was my first attempt at trying to layer a theory onto an issue and it reminds me of things that I have learned and the heart of my work – Grace.

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Objective 3: Excel as community leaders, advocates, and practitioners.	**Item One:** Consulting Plan for CNS 786, Consultation and Technology in Counseling	**Title: Organizational Consulting at AHC Hospitals…** **Description:** An integrated plan for a CSU focusing on multi-disciplinary consulting. **Rationale:** The paper combined my experience with leading larger organizations and study with my counseling skills with consultation as the primary driver for consented and building the team.
	Item Two: SOAP (Subjective, Objective, Assessment, and Plan) Note and Lit Review for CNS 747, Cultures and Counseling	**Title:** Malia's Story and a Rogerian Approach for Support **Description:** A cultural focused SOAP note with lit review that provides an integrated look into cultural and practice. **Rationale:** Cultural issues were new for me and so were SOAP notes. This work and the corresponding research provided a much-needed place to learn about SOAP notes and cultural competencies. To advocate for a client, one must explain story in a succinct fashion and SOAP provides such skills and the cultural piece encourages advocacy and leadership.

	Item Three: Addictions and CNS 765, Addictions	**Title:** Flying Upside Down when your Life is Upside Down **Description:** A case centered on the film *Flight* and the main character who fights Alcohol Use Disorder (AUD). **Rationale:** AUD and addictions broadly are issues that all counselors will see time after time, and this paper provides a long runway for support, interventional tools, and a broad understanding that enables true advocacy and support.

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Objective 4: Possess a deep awareness of themselves and of their impact on others.	**Item One:** Genogram CNS 773, Family Counseling	**Title:** Genogram: Gratitude, Acceptance and Warning Lights **Description:** My genogram and a reflection. **Rationale:** The paper provides some tools and skills for using a Genogram, but as an experiential learner who embraces counter transference and transference then I really need to know my genogram in order to support a client. Lots of richness in this document to return with reflection eyes.

	Item Two: Gottman Reflection CNS 773, Family Counseling	**Title: It's SO good, does Gottman miss anything?** **Description:** A paper studying Gottman with a reflection on self-use **Rationale:** Gottman's work has been a salve for my marriage, and I have used it in pastoral work as well. I am considering doing more LFMT work as I move through the LPC process. This piece reminds me of my heart and interactions that I find really energizing and meaningful.
	Item Three: Group therapy and CNS 742, Group Procedures in Counseling	**Title:** Crying at the End **Description:** A reflection *The Schopenhauer Cure* And a understanding of group therapy dynamics. **Rationale:** I love group therapy and this book and class informed much of my current style. I fell in love with Yalom and realized that Existential Theory is my heart and soul. I am listening to *Existential Therapy* by Yalom right now.

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Objective 5: Commit to the compassionate service of humanity and foster the well-being of people at the local, state, national, and international level.	**Item One:** Advocacy Topic and Paper CNS 780, Professional, Ethical, and Legal Issues in Counseling	**Title: Access to Care and Support for Services** **Description:** A review and study of a bipartisan push for reimbursement and the statewide ramification as well. **Rationale:** I am reluctant lobbyist/advocate because of my history with politics and my role as a pastor, so this topic was a challenging one for me to remember that it's part of the ACA code and there are places of good governance that provide opportunities for engagement.
	Item Two: Cultural Reflection Paper. CNS 740, Professional Orientation to Counseling	**Title:** *The Holdovers*: A case in point that Positive Regard and Grace tears down the implicit and explicit bias **Description:** A cultural analysis of the Film *Holdovers*. The paper brings together life span development and multi-cultural competencies. **Reason:** The film provides a system for me to understand from a cultural lens and to see the power of grace and "between us" or a counseling bond as a way to separate cultural biases and other tensions during the healing.

	Item Three: Reflection paper CNS 740, Professional Orientation to Counseling	**Title: Darkness of Depression Explained** **Description:** A reflection on depression and *Darkness Visible* **Rationale:** This project created an empathetic undercurrent for depression and mental illness in general. In order to effectively advocate for the client one must be empathetic and this book and exercise is a reminder of the beauty and struggle found in this work.